



5k Run / 1-mile Walk for Missions

at Lakeside during the East Ohio Annual Conference

Wednesday, June 15 @ 7:00 am

Sponsored by the Conference Board of Missions

All proceeds benefit mission partners of East Ohio Conference

Registration: Outside Hoover Auditorium on Tues., June 14 from 9 am to noon and from 2-5 pm and on Wed., June 15 beginning at 6:00 am. The first 300 runners to register will receive bib numbers.

Walkers, runners, strollers, and pets on leashes are welcome.

The Challenge: For every EOC church to contribute to this Mission offering \$100 for each Annual Conference delegate.

We Need You: Let's get one runner or walker from every EOC church participating in this fun event!

District Challenge Trophies: Awarded to 1) the district with the highest percentage of churches participating, and 2) the district that raises the most funds.

T-Shirt: Bring your own t-shirt (BYOT) from a previous run, a mission project, or church event.

Cost: \$10 minimum is the suggested donation. See how much money you can raise for this ministry by having people sponsor you to run or walk.

Wednesday, June 15, 2016

6:00 am: Registration outside Hoover Auditorium

7:00 am: Start of 5k Run and 1-mile Walk

Pre-register online at

<http://tinyurl.com/Missions5K2106>

Name: _____

E-mail Address: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Church: _____ District: _____

Amount raised at time of event: \$ _____ *(must be turned in with this form before the run)*

In entering this event I hereby, for myself, my heirs, executors and administrators waive and release any and all claims for damages I may have against The United Methodist Church, the city of Lakeside, their representatives, successors and assigns for any and all injuries suffered by me in said event and in transit to and from event. I further attest that I am physically fit and sufficiently prepared for this event. I will additionally permit the use of my name and/or pictures by The United Methodist Church.

Participant Signature: _____ Date: _____

Parent signature: _____ Date: _____
(for those under 18 years of age)

All entries are non-refundable. This form should be turned in at the time of registration with all funds collected.